The Missouri Nurse attempts to select authors who are knowledgeable in their fields. However, it does not warrant the expertise of any author, nor is it responsible for any statements made by any author.

The Missouri Nurse is published three times a year by the Missouri Nurses Association, P.O. Box 105228, Jefferson City, Missouri 65110. The Missouri Nurses Association is accredited as an approver and provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation, for the periods of February 2008 – February 2014 (Provider). The Missouri Nurses Association is also accredited as an approver for the credentialing Center's Commission on Accreditation, for the periods of February 2008 – February 2012 (Approver).

The Missouri Nurse reserves the right to utilize published articles in a variety of formats and for the purpose of the organization. Photographs, if included, should be submitted to the Missouri Nurses Association office for submission requirements and deadlines. The Missouri Nurse reserves the right to edit manuscripts.

The Missouri Nurse encourages readers to submit articles and information for publication. Contact the Missouri Nurses Association (MONA) office for submission requirements and deadlines. The Missouri Nurse reserves the right to edit manuscripts. MONA reserves the right to utilize published articles in a variety of formats and for the purpose of the organization. Photographs, if included, should be of crisp and clear quality. Materials should be sent to: Editor, The Missouri Nurse, P.O. Box 105228, Jefferson City, MO 65110.

The Missouri Nurse is published three times a year by the Missouri Nurses Association, P.O. Box 105228, Jefferson City, Missouri 65110. Subscription price is $12 per year (included in dues) for members, $25 per year for non-members, $30 per year to foreign countries. Periodicals Per the Post office Postage Paid at Jefferson City, MO 65102. For information and rates on ads, please call MONA at (573) 636-4623.
The Future of Nursing

Wow, what an exciting time for our nursing profession. The Initiative on the Future of Nursing explores how nurses’ roles, responsibilities, and education should change to meet the increased demand for care that will be created by health care reform and to advance improvements in America’s increasingly complex health system. This is a great time to join our passion for patients into the next era of health and health care. The heart in nursing and in registered nurses is a central need for any health care endeavor. Registered nurses delivering health care to the full extent of their education and training, we may have gotten the much-needed evidence needed to transform our profession with the release of an Institute of Medicine (IOM) report recommending sweeping changes for improving our nursing profession.

In 2008, The Robert Wood Johnson Foundation (RWJF) and the Institute of Medicine (IOM) launched a two-year initiative to respond to the need to assess and transform the nursing profession. The IOM appointed the Committee on the Future of Nursing, at the IOM, with the purpose of producing a report that would make recommendations for an action-oriented blueprint for the future of nursing. From the beginning of the 2-year initiative, the national conversation was dominated by the effort to achieve meaningful reforms in its health care system, culminating with President Barack Obama signing the Patient Protection and Affordable Care Act into law on March 23, 2010.

On February 22, 2010, just a month before that historic day in health care reform, the Initiative on the Future of Nursing held the last public forum in a series of three at the University of Texas MD Anderson Cancer Center. The Initiative on the Future of Nursing provided an opportunity for the perspective of nurses and other stakeholders to enter the ongoing discussion about the future of the profession and how it should play a role in ensuring the health of Americans.

With the passage of healthcare reform legislation, the Tri-Council for Nursing issued a timely consensus statement calling for all registered nurses to advance their education in the interest of enhancing quality and safety across healthcare settings. The New Consensus Policy Statement on the Educational Advancement of Registered Nurses was released on May 14, 2010. The Tri-Council for nursing includes the following organizations: American Association of Colleges of Nursing (AACN), American Nurses Association (ANA), American Organization of Nurse Executives (AONE), and National League for Nursing (NLN), are united in their view that a more highly educated nursing workforce is critical to meeting the nation’s nursing needs and delivering safe, effective patient care.

In the policy statement, the Tri-Council organizations state: “Current healthcare reform initiatives call for a nursing workforce that integrates evidence-based clinical knowledge and research with effective communication and leadership skills. These competencies require increased education at all levels. At this tipping point for the nursing profession, action is needed now to put in place strategies to build a stronger nursing workforce. Without a more educated nursing workforce, the nation’s health will be further at risk.”

Nurses with advanced education are needed in large numbers to serve as teachers, scientists, primary care providers, specialists, and leaders throughout the healthcare delivery system. The Tri-Council encourages all nurses, regardless of entry-point into the profession, to continue their education in programs that grant baccalaureate, masters, and doctoral degrees. A wide variety of education options exist to further the preparation of today’s nursing workforce, including degree-completion, online, accelerated, and part-time degree programs.

The Tri-Council was compelled to issue this statement following an assessment of how best to prepare nurses for contemporary practice. Participating organizations, which represent nurses in practice, research, and academic settings, deliberated on many issues, including the need to meet workforce demands and prepare nurses for new models of practice; the complexity of the healthcare environment and patient care needs, and the imperative to address the nurse faculty shortage, which is limiting enrollment capacity in schools of nursing.

The policy statement ends with a call to action which advocates for system changes in nursing practice and education; for nurses to understand the importance of academic progression and embrace lifelong learning; and for policymakers at the state and federal levels to fund programs and launch collaborative initiatives that facilitate nurses seeking to advance their education.

On October 5, 2010, the Institute of Medicine released its report, The Future of Nursing: Leading Change, Advancing Health. The report is the culmination of two years of work and is 500+ pages long. ANA/MONA was gratified to find that many of the elements and recommendations of the In-
The Institute of Medicine (IOM) Report on the Future of Nursing are reflected in our ongoing work to advance the nursing profession. We are in complete agreement with the four “key messages” of the report. ANA and MONA have engaged in a wide range of activities over time that supports the evidence-based recommendations of the IOM.

As a result of its deliberations, the IOM committee formulated four key messages that structure the discussion and recommendations presented in the report:

1. Nurses should practice to the full extent of their education and training.
2. Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression.
3. Nurses should be full partners, with physicians and other health professionals, in redesigning healthcare in the United States.
4. Effective workforce planning and policy making require better data collection and an improved information infrastructure.

On October 14, 2010, the Tri-Council for Nursing announced its strong endorsement of the new Institute of Medicine (IOM) report on The Future of Nursing and calls for collaboration among stakeholders to advance the report’s recommendations. The Tri-Council recognizes that nurses, as the largest component of the healthcare workforce, are uniquely positioned to lead the charge to ensure that accessible, high-quality care is available to the nation’s diverse patient population. To achieve this goal, the Tri-Council organizations are committed to supporting the core recommendations outlined in the IOM report.

“The IOM report relies on a robust evidence base to demonstrate the leadership capacity of registered nurses in a patient-centered care environment,” said ANA President Karen A. Daley, PhD, MPH, RN, FAAN. “It calls for actions to maximize the contributions of all nurses and to eliminate barriers that prevent them from practicing to the full extent of their education and training.”

MONA believes nurses must be involved in planning, carrying out, and leading changes in the health care. The MONA Board of Directors appointed a Nursing Education Task Force to begin discussion about the Educational Advancement of Registered Nurses in Missouri. On October 27, 2010, the Missouri Summit for the Educational Advancement of Registered Nurses was held for interested stakeholder groups to begin initiatives for Missouri in response to the IOM report and the Tri-Council for Nursing.

An IOM committee member and physician Jack Rowe (former head of Aetna) spoke eloquently to the importance of ending interprofessional turf battles by focusing on what patients need. Organized medicine continues to be stuck in protecting its view of its turf. In a statement issued after the IOM report was released, the American Medical Association (AMA) claimed that only physicians can lead healthcare teams because they are more educated than nurses. They claim it’s a matter of quality and safety, but they are ignoring the evidence to the contrary that is laid out in the IOM report. To better understand the origins of this turf battle, read Chapter 3 of the IOM report and look at the work of legal scholar Barbara Safriet.

As we approach this Holiday Season, with its magic and wonder, the purpose of the season should never leave our minds or our hearts. This time of year binds us together in a very special way. It is a time to count our blessings and reach out to the less fortunate; a time to hope; a time to love; a time to care for one another; a time to work together to create a better world.

As we go about celebrating the season, let us keep alive in our hearts those families who have sons and daughters who continue to serve our country or who have paid the ultimate price while risking their lives to ensure our safety. Enjoy and cherish your time with your families.

On behalf of the Missouri Nurses Association staff, we wish you peace, happiness and a joyous memorable holiday season and a very happy New Year.

“I can truly say that my experiences with MONA have been nothing but positive. Whether it be the MONA sponsored conferences or the strong influence that MONA provides on the legislative front, I always feel better to have such an organization on my side. However, the most valuable benefit MONA has provided to me recently is the advice that was provided in resolving a complaint from the State Board of Nursing. Thanks for the help, MONA!!”

-Carol, MONA Member
FROM THE PRESIDENT
Jennifer Gwin, DNP, APRN, FNP-BC

As I look back on my first year as President of MONA, I am filled with excitement. One of my goals when I became president was to increase membership. There is power in numbers, and it is more important than ever that the voice of nursing be heard. The leadership of MONA implemented many creative plans to increase membership this year, including applying for a grant from the American Nurses Association. The Missouri Nurses Association was one of only a few states who were awarded a $10,000 grant to implement a program designed to increase membership. We have held two new member orientation calls with the President and CEO which have been successful. We have also printed and mailed a special edition of The Missouri Nurse to recent graduates. We are excited by this opportunity and hopeful that we will soon be welcoming even more new members.

On November 6-7, 2010, I attended the American Nurses Association Constituent Member Assembly. Much of the focus of this meeting was on the Institute of Medicine (IOM) Future of Nursing Report. Dr. Susan Hassmiller, the Robert Wood Johnson Foundation Senior Advisor for Nursing and Director of the Initiative on the Future of Nursing at the Institute of Medicine, spoke about the development of recommendations in the report. Four key recommendations of the report include:

1. Nurses should practice to the full extent of their education, training, and licensure.
2. Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression.
3. Nurses should be full partners, with physicians and other health professionals, in redesigning health care in the United States.
4. Effective workforce planning and policy making require better data collection and an improved information infrastructure.

“The full contribution of nurses and nursing are essential to the delivery of high-quality, patient-focused care,” commented ANA President, Karen Daley PhD, MPH, RN, FAAN. President Daley went on to say that nurses should continue to collaborate, as effective strategies to implement these ideas are developed. Key stakeholders will reconvene on November 30 to discuss implementation of the report.

As one year draws to a close and another is poised to begin, many of us contemplate our goals for 2011. My goal for the Missouri Nurses Association is to continue with the positive trend in membership that we have realized in 2010. Another goal is to continue to focus on issues that are important to nurses in Missouri. I appreciate all of the work that you do, and I look forward to the opportunities for our Association in the coming year.

Thank You for Your Service!!

On behalf of the MONA Staff, Board, and Members, thank you for your service on the 2008-2010 Missouri Nurses Association Board!

Celia Reed, RN, MA, MSN
Region A Director

Marilyn Shepherd, RN, MS, CDE, CWOCN
Region B Director

Joan Kelley, RN, RNCS, FNP
Region C Director

Sharon Shepherd, RN, BSN, CMSRN
Region D Director

Dianne Schmidt, RN, CPNP
Region E Director

Susan Kenslow, MSN, RN, APRN, FNP-BC, AOCNP
Region F Director

Angela Selzer, MSN, RN, CS-FNP
Region G Director

Barbara A. Brazos, RN
E&GW Cabinet Representative
MONA CALANDER

JANUARY

11th  Membership Committee Conference Call (12 p.m.)
17th  Holiday (Office Closed)
19th  APRN-SIG Day at the Capitol - Meeting and Lunch (9 a.m. - 3:30 p.m.)
20th  Government Affairs Committee Conference Call (12 p.m.)
27th  New Member Orientation Call (12 p.m.)

FEBRUARY

11th  Holiday (Office Closed)
21st  Holiday (Office Closed)
22nd  Nurse Advocacy Day, Capitol Plaza Hotel-Jefferson City (7:30 a.m. - 3:30 p.m.)
24th  New Member Orientation Call (12 p.m.)

MARCH

1st  Deadline - *The Missouri Nurse* April Issue
8th  Membership Committee Conference Call (12 p.m.)
17th  Finance Committee Meeting, MONA Office (1-4 p.m.)
17th  Executive Committee Meeting, MONA Office (4-5 p.m.)
18th  MONA Board Meeting, MONA Office (8:30-4:00 p.m.)
24th  New Member Orientation Call (12 p.m.)

APRIL

6th  APRN-SIG/MCNAP - Meeting and Dinner, Columbia (6:30 p.m.)
7th  Coming Together in Advanced Practice Conference, Columbia
8th  Coming Together in Advanced Practice Conference, Columbia
28th  New Member Orientation Call (12 p.m.)

MAY

9th  Holiday (Office Closed)
10th  Membership Committee Conference Call (12 p.m.)
26th  New Member Orientation Call (12 p.m.)
30th  Holiday (Office Closed)

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Network with nurses from across the state by becoming a fan of MONA on Facebook!
MONA Board Meeting Highlights

July
Future ANA House of Delegates (HOD) – Suggested a briefing in October and before the next HOD to discuss strategies. If people run for office, the process needs to begin much earlier than occurred with the 2010 HOD.

Approved a letter to be sent to the ANA about concerns of ANA’s direct marketing of ANA-only membership to the state of Missouri.

Approved a letter to be sent to the ANCC regarding their current policy of CE providers bypassing MOANA and going directly to the ANCC. CE income is a large revenue source for the state of Missouri.

The board was presented a MOANA value table, outlining a dollar amount, per member, for all services MOANA offers.

Presented the MOANA Board a copy of the ANA Membership Grant, submitted in July, with a potential, maximum award of $10,000. Postcards were presented to the board, urging all members to send them to nurses in the state, encouraging them to join MOANA.

The board discussed ideas about a Missouri Nursing Education Task Force to look into common goals for ADN and BSN programs.

Board reviewed the need for TAC to have a staff nurse on the committee. This has now been a three-year process.

Informed the Board the Nursing Practice Updates were not held this year, as there was not enough interest or response.

Nursing Practice Committee is in need of ethnically diverse and male representatives, in addition to a staff nurse on this task force.

Request of the board for more persons on the Peer Assistance Committee.

The Board evaluated the current committee structure and reviewed the newly developed committee membership toolkit.

Patty Summerford’s name was randomly selected as regional chair of the Southwest Region.

Board approved and adopted the new Corporate Partnership Program.

Convention is scheduled for October 7-8, 2011.

November
Reviewed and approved two applications for the Corporate Partnership Program.

Jennifer Gwin, MONA President, was congratulated for completion of her DNP.

Reported the recruitment issue of The Missouri Nurse has been published and will be mailed out to all RNs who are one year from passing their NCLEX-RN. The issue will also be used in recruitment activities.

Noted the membership chair is now making phone calls to lapsed members and the committee is currently looking for people to serve.

Board reviewed and approved the 2011 budget.

Discussed and agreed to the new agreement with MONSA.

Reviewed the current setup of the MOANA PAC.

Motioned to support legislation to add an RN to the MO Health Net.

Approved a motion to support legislation increasing the punishment for violence against health care workers from a misdemeanor to a felony.

Approved the presentation of three government affairs awards to one senator and two representatives.

Adopted the new vacation travel club for members.

APRN-SIG is currently putting together a packet for use in educating legislators.

Applications are now being taken to accept nominations for the positions on the MOANA Board, House of Delegates and Hall of Fame.

Approved Kenya Haney and Susan Hinck for the Foundation board.

Discussed the E&GW Program and how the numbers have fallen drastically.

Reported the Center for American Nurses will cease to exist as an independent entity as of December 31, 2010. Products and services will be integrated into ANA.

DUES LOBBYING PERCENTAGE:
The dues lobbying percentage for 2010 is 28.4%. For tax purposes, 28.4% of your membership dues may not be deductible as they are used for lobbying purposes.
Meet the MONA Staff

Jill Kliethermes, MSN, RN, FNP-BC
Chief Executive Officer

Phone: 573-636-4623, x225
Email: jill@missourinurses.org

As the CEO, Jill can help you with practice, advanced practice, workplace, collective bargaining, and government affairs issues. Jill can also answer questions regarding MONA’s strategic plan, vision, and mission.

Lisa DeSha, MBA
Director of Association Operations

Phone: 573-636-4623, x223
Email: lisa@missourinurses.org

As the DAO, Lisa can help you with questions regarding MONA contracts and all finance questions. Lisa can also assist you with MONA PAC (Political Action Committee) and the Missouri Nurses Foundation.

Sara Fry
Continuing Education Coordinator

Phone: 573-636-4623, x224
Email: sara@missourinurses.org

As the CE Coordinator, Sara can help you identify continuing education opportunities and provide information on how to have activities approved for nursing contact hours. Sara can also assist you with questions regarding MONA conferences.

Krista Lepper
Office Services Coordinator

Phone: 573-636-4623, x226
Email: krista@missourinurses.org

As the Office Services Coordinator, Krista can assist you with the MONA website, postings to the MONA listservs, and submissions/advertising in The Missouri Nurse publication. Krista can also get you added to one of the many MONA committees.

Colleen Kraus
Membership Coordinator

Phone: 573-636-4623, x222
Email: colleen@missourinurses.org

As the Membership Coordinator, Colleen can assist you with details regarding your membership: dues, benefits, updates or change of address and contact information. Colleen can also get you added to the MONA listservs - MORNIN (Missouri RN Information Network) or APRN (Advanced Practice Registered Nurse).
The staff at the MONA headquarters in Jefferson City are here to work with the membership to fulfill the mission of MONA. The staff wants to make your participation in MONA as easy and enjoyable as possible.

**MONA HEADQUARTERS**
1904 Bubba Lane  
P.O. Box 105228  
Jefferson City, MO 65110-5228

Phone: 573-636-4623  
Fax: 573-636-9576  
Email: info@missourinurses.org  
Web: www.missourinurses.org

The MONA website gives you immediate access to information on membership, committees, legislative affairs, events, education, career center, forms, and staff. A “Site Search” is located in the header if you are having trouble finding something. Members are able to use the “Member Login” to access more detailed information on the site including past issues of *The Missouri Nurse* publication, legislative updates from the MONA lobbyist, and the ability to update membership information.

**Kyna Iman**  
MONA Lobbyist

Phone: 573-636-4623  
Email: kynaiman@earthlink.net

As the MONA lobbyist, Kyna works to develop relationships with legislators and people in state agencies who may impact nursing in Missouri. Kyna also provides information which broadens Legislators understanding of issues and provides evidence for support or opposition to the issues.

**Susan Shelko, JD, RN**  
Labor Relations Representative

Phone: 614-832-6734  
Email: susan@missourinurses.org

As the Labor Relations Representative, Susan works with our collective bargaining labor services in our E&GW program. This includes organizing, contract negotiation, and grievance and arbitration representation. Susan can also provide assistance on workplace advocacy.
AMERICAN NURSES ASSOCIATION
HIGHLIGHTS HOW HEALTH CARE LAW BENEFITS CONSUMERS

Starting September 23rd, several more provisions of the new health care law went into effect. The American Nurses Association (ANA) has been a staunch supporter of health care reform. ANA affirms that this law greatly increases access to care for millions of people, and believes it will strengthen and improve the health care system for generations to come. The law also includes provisions that will help transform our nation’s health care system from one that focuses on ‘sick’ care to one focused on prevention, primary care and disease management. ANA encourages nurses to explain these new benefits to their patients in order for them to access both insurance coverage and health care services. The benefits in the new law will help consumers optimize their health and protect their financial security.

Benefits Now in Effect for Consumers

1. People cannot lose their insurance coverage when they get sick; insurance companies are prohibited from dropping coverage.
2. Individuals with pre-existing health problems will be able to access insurance. Children with pre-existing conditions cannot be denied coverage by insurance companies. Adults with pre-existing conditions can enroll in the Pre-existing Insurance Plan.
3. Consumers will not be at risk of losing benefits due to costly treatments; lifetime caps on insurance coverage are banned; annual caps on coverage are restricted.
4. Children up to age 26 can be covered on their parents’ insurance plans.
5. Consumers will not have to share the costs for preventive services. Individuals who join new plans will have greater access to preventive care services such as breast cancer screenings, immunizations and colonoscopies; co-pays for these services will be eliminated.
6. Women may receive obstetric or gynecological care from any provider and insurance companies will treat their authorizations the same as a primary care provider’s; primary care providers include doctors, nurse practitioners and certified nurse midwives.
7. Consumers will have greater access to emergency services; insurers must provide covered emergency services regardless of whether the provider is in-network.
8. Patients will have a greater choice of primary care providers including nurse practitioners and certified nurse midwives. New plans will allow patients the choice of any primary care provider available.
9. Consumers will have stronger rights to appeal insurers’ decisions they feel are unfair or discriminatory.
10. Seniors who reach the ‘donut hole’ gap in their Medicare prescription drug coverage benefit will receive a $250 rebate check.

The American Nurses Association (ANA) now offers its members free access to the Mosby Nursing Consult – ANA Edition.

This comprehensive new online tool delivers an all in one integrated, user-friendly online application which offers:

- 50 evidence-based nursing monographs
- Practice guidelines
- Nearly 80 peer-reviewed clinical updates

This new member benefit program is just another example of the tools available to you as a member that helps you be more successful in your career!

Access to Mosby Nursing Consult – ANA Edition is easy!

Simply log into the Members Only section of NursingWorld.org (click on the “Members Only” link in the left hand column under ANA Member Center). Then click on the Mosby Nursing Consult link in the left hand column under “Just For Members”.

www.NursingWorld.org
The fast paced world of nursing school has turned into the fast paced world of the nursing profession... finding a job, creating relationships with new colleagues, finding your place. Who can you confide in? Who understands the stresses you face? Are you making connections that will benefit your career in the future? MONA can help!

The Recent RN Graduate Special Interest Group (Grad-SIG) is a forum for MONA members licensed for less than five years. This is a new group and the meeting schedule is still to be determined. The Grad-SIG provides a forum for members with similar interests and pursuits to come together to share concerns and issues new graduates face.

The vision of the Grad-SIG is to nurture, enhance, and promote RNs in Missouri through advocacy, education, and networking. Additionally, participation will promote leadership and professionalism.

The purpose of the Grad-SIG shall be to:
- create networking, employment, mentoring and other opportunities for members
- increase awareness and education members on issues and policies affecting nursing and healthcare in Missouri
- facilitate discussion on specific topics and share experiences with help from experienced RNs
- nurture, enhance, and promote the role of RNs in their delivery of nursing care in a variety of clinical settings
- educate and promote RNs as healthcare policy makers
- provide educational opportunities for the professional growth and development of RNs
- foster networking opportunities among members
- promote activities that enhance the visibility of the RN in Missouri
- support the mission of MONA

As a special interest group, this is not an official committee so there are no forms to complete and you may attend as many of the meetings as your schedule permits. If you’ve been thinking of getting more involved in MONA, this is a great first step. It is also a great way to network with other new graduates. For more information, visit the MONA website www.missourinurses.org or email info@missourinurses.org.

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Advocacy Day Objectives

1. Summarize how Registered Nurses protect their patients and practice by educating state and federal legislators.
2. Discuss the impact MONA’s 2011 Legislative Agenda will have on nursing practice in Missouri.
3. State the significance of nursing advocacy in shaping health care and public policy.
4. Examine the use of grassroots lobbying as a means of advocating for and protecting our patients and our practice.

Agenda

7:30 a.m.  Exhibits Open
8:00 – 9:00 a.m. Registration and Visit Exhibits
9:00 – 9:40 a.m. Welcome and Introductions

“Why Legislative Advocacy”
Maryann R. Coletti, BS, RN, Chairperson, MONA Government Affairs Committee
MONA Legislative Update
Maryann R. Coletti, BS, RN, Chairperson, MONA Government Affairs Committee

9:40 – 9:50 a.m. “What Does the MONA Lobbyist Need From You?”
Kyna Iman, MONA Lobbyist

9:50 – 10:00 a.m. “What Do I Need to Accomplish at the Capitol”
Maryann Coletti, BS, RN, and Jennifer Gwin, DNP, APRN, FNP-BC

10:00 – 12:30 p.m. Visit the Capitol - Exhibits will remain open
12:30 – 1:00 p.m. Visit Exhibits
1:00 p.m.  Exhibits Close
1:00 – 2:15 p.m. Networking Luncheon with Legislators
Presentation of 2011 Health Legislation Award(s)
Jennifer Gwin, DNP, APRN, FNP-BC
Greetings from the Capitol (tentative)

2:15 – 3:15 p.m. “Advocating through Legislation: One Nurse Can Make a Difference”
Rebecca McClanahan, MSN, RN, Representative, District 2, House of Representatives

3:15 – 3:30 p.m. Highlights from the Capitol
Each participating school will share their experiences at the Capitol

3:30 p.m.  Adjourn

The Missouri Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

NOTE: Various door prizes will be presented throughout the day. You must be present to win!
INDIVIDUAL REGISTRATION FORM

25TH ANNUAL MISSOURI NURSE
ADVOCACY DAY

FEBRUARY 22, 2011
CAPITOL PLAZA HOTEL • JEFFERSON CITY, MO

Provided by the Missouri Nurses Association
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Voice 573-636-4623 • Fax 573-636-9576
www.missourinurses.org

This is an individual registration form.
If you wish to register your school, please contact the MONA office 573-636-4623.

Name: ___________________________________________________________

☐ I am a first time attendee.

Address: ___________________________________________________________________________________________________

Street      City      state      Zip

Daytime      Evening

Phone: ___________________________   Phone:___________________________    E-mail:________________________________

REGISTRATION FEES:
The registration fee includes materials, continental breakfast, and lunch.

☐ MONA Member $ 60.00   Member #:_________________________________________

☐ Non-Member $ 85.00

☐ Student $ 35.00   School:____________________________________________

☐ I have invited my legislator to join me for lunch. $ 20.00   Legislator’s Name: __________________________________

(No refunds will be made due to a legislator’s absence.)

TOTAL: $______________

PAYMENT METHOD:

☐ Check enclosed (Payable to MONA)

☐ Charge to [ ] MasterCard [ ] Visa [ ] AmericanExpress [ ] Discover

Card #_________________________________________ Exp.Date_______________ CVV ___________

3 digit code on back

Cardholder Name:_________________________________________________________________

DEADLINE FOR REGISTRATION – JANUARY 31, 2011

Please return completed registration forms to:
Missouri Nurses Association • P.O. Box 105228 • Jefferson City, Missouri 65110

REFUND/CANCELLATION POLICY: We encourage you to send a qualified substitute if you cannot attend. Registration fees, less a $25 enrollment processing fee, will be refunded to participants who cannot attend and notify the MONA office in writing of the cancellation no less than ten (10) business days prior to the date of the activity. No refunds will be made after that date. There will be no refunds due to inclement weather.
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Do you need continuing education hours for your profession? Would you like to obtain these hours from the comfort of your own home? If so, visit www.ceu4u.com/mona.

MONA has partnered with CEU4U to offer quality, accredited, online courses to registered nurses in Missouri, as well as many other disciplines. In an increasingly knowledge-based society, staying educated and keeping competencies current can be a complicated task. The MONA/CEU4U program is a simple, cost-effective, and efficient alternative to expensive, time-consuming class work. The MONA/CEU4U program can eliminate the hassle and complication.

Every discipline covered undergoes an extensive accreditation process directly with the professional boards of each field, ensuring accuracy and expertise with every course offered. The MONA/CEU4U program also offers total record keeping. Every aspect of the participants’ education is kept on record, easily accessible at any time. The MONA/CEU4U program is fully accessible at any time at www.ceu4u.com/mona. No additional books or materials are needed, and courses can be taken any time, from anywhere, at any place. Technical assistance is available round-the-clock by contacting a member of the CEU4U support staff at 877-992-3848. Take advantage of this opportunity today!

Other professional disciplines covered:

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• Dialysis Technicians
• Legal Nurse Consultants
• EMS & Firefighters
• Nursing Home Administrators
• Criminal Justice
• Education
• Psychology
• HVACR
• Grief
• Social Workers

CHECK IT OUT
WWW.CEU4U.COM/MONA

HAPPY BIRTHDAY FROM MONA!!

MONA appreciates each and every member. We would like to wish you a “Happy Birthday”, but we can only do that if you let us know your special day.

All MONA members with a birthdate on record at the MONA office will be entered in a drawing during their birthday month for a chance to win MONA merchandise.

Provide your birthday by updating your membership record:

• ONLINE- on the MONA website through the “Happy Birthday” link under “What’s New” on the homepage www.missourinurses.org. (You will be required to login)
• EMAIL- colleen@missourinurses.org
• PHONE- 573-636-4623, x222

Information provided is confidential and will be used only by the MONA office.
Compelling narratives from twenty-nine nurses portray the devastation and heartache caused by addiction. What was lost? What was forsaken? What can never be replaced?

Hailing from twenty states, the nurses render persuasive chronicles of recovery. What was learned? What was reclaimed? What continues to sustain them?

In their own words they present graphic images of addiction to prescription as well as illegal substances, such as:

- Vicodin
- Fentanyl
- OxyContin
- Ativan
- Demerol
- Fioricet
- Percocet
- Propofol
- Xanax
- Cocaine
- Valium
- Marijuana
- Morphine
- Crack
- Dilaudid
- Methamphetamine

will some illuminate their downward spiral into

- Alcoholism
- Codependency
- Anorexia
- Compulsive Gambling
- Compulsive Overeating
- Nicotine

With the wisdom and hindsight which only become operative in recovery, their journeys inspire every reader, regardless of professional or personal background.

Paula Davies Scimeca, RN, MS, an expert on the phenomenon of addiction in nursing, brought us the book Unbecoming A Nurse: Bypassing the Hiddent Chemical Dependency Trap. A nurse for thirty-five years, she is a frequent presenter on this complex issue, providing consultation services to institutions and organizations focused on primary prevention and earliest identification.

BEHIND THE BOOK
From Unbecoming a Nurse to Overcoming Addiction
Paula Davies Scimeca, RN, MS

MONA Peer Assistance Program

Chemical dependency is clearly defined as the use, misuse and/or abuse of a substance by persons unable or unwilling to terminate its utilization. MONA recognizes addiction as a disease characterized by a chronic, progressive process that may destroy the nurse, the family and eventually the community.

MONA recognizes that nurses throughout the state of Missouri, because of a variety of exposures and the nature of their practice, appear to be at a higher risk for addiction. In order to address this disease and the accompanying issues within the nursing profession, MONA has a Peer Assistance Committee. This committee serves as a resource and support for all nurses and nursing students in the state of Missouri.

The functions of the Peer Assistance Committee include but are not limited to: a) assessing the nature and impact of the disease of addiction on nursing practice in the state of Missouri; b) educating nurses, nursing students and residents, employers and the public about addiction; c) investigating the availability and effectiveness of treatment resources in the state; d) advocating research into the education, prevention, intervention, treatment and recovery from addiction; and, e) assisting individuals, groups and/or organizations when requested in the formulation of guidelines regarding intervention, treatment, aftercare and re-entry into the workplace of addicted nurses.

The Peer Assistance Committee is just one of the important committees with leadership opportunities available to MONA members.

For more information on this and other MONA committees, see page 21.

If you are currently battling with chemical dependency and need assistance from a neutral, confidential party please contact:

MONA Peer Assistance Committee - Dianna Phares, Chair
PHONE: 573-636-4623, x228 or 314-503-4052  EMAIL: dphares@charter.net

ISBN: 978-0-9821904-1-8
Publisher: Sea Meca, Inc. - $19.95
www.unbecominganurse.org
Thursday, April 7

7:30 – 8:15 a.m.
Breakfast, Registration, & Exhibits

8:15 a.m.
Welcome & Announcements
Helen Feldker, FNP-BC and Beth Lonberger, FNP-BC

8:30 – 9:30 a.m.
GENERAL SESSION
When Caring Hurts: Understanding the Second Victim Experience
Susan D. Scott, RN, MSN

9:30 – 10:00 a.m.
Exhibits & Networking Break

10:00 – 11:30 a.m.
CONCURRENT SESSIONS
1. Awareness of Your Potential Worth…Basic Business Concepts with a Focus on Coding Accuracy and the Implications to Your Professional Worth!
   Wm. David LaFevers, DNP, RN, FNP-C

2. Bariatric Surgery Patients: The Role of the Practitioner in Post Surgery Follow-Up Care
   Kevin Suttmoeller, DO, FACOI

NOTE: Session 3 Presented in Two Parts

3. Heat, Head & Heart: Perils & Pitfalls in the Preparticipation Physical Examination and Young Athletes and Medications: When the Mix Can Go Bad
   Bernard Griesemer, MD, FAAP

11:30 a.m. – 12:30 p.m.
Exhibits & Luncheon

12:30 – 1:30 p.m.
LUNCHEON ADDRESS
Psychopharmacology in Mood Disorders, Anti-Depressants, Mood Stabilizers and even Antipsychotics – Where is the Line?
Michelle G. Twitty, PharmD, BCPP

1:30 – 2:00 p.m.
Exhibits & Networking Break

2:00 – 3:30 p.m.
CONCURRENT SESSIONS
4. Valvular Heart Disease
   Annamalai Senthilkumar, MD

5. Migraine & Other Headaches in Primary Care
   Justin Malone, MD

6. Providing Sub-Acute Care to Recently Hospitalized Patients in Long-Term Care Settings; A Review of the Multiple Factors That Influence and Complicate Care Provided by the Advanced Practice Nurse
   Linda Crosser, MN, APRN, BC, G-CNS, MS-CNS

3:30 – 3:45 p.m.
Break, Exhibits, & Networking

3:45 – 5:45 p.m.
GENERAL SESSION
Healthcare Reform: What Does It Mean for Advanced Practice Nursing?
   Lisa Summers, CNM, DrPH

Friday, April 8

7:00 – 8:00 a.m.
Breakfast & Registration

8:00 – 9:30 a.m.
CONCURRENT SESSIONS
7. Adverse Childhood Events
   Cynthia Woodcock, RN, FNP-BC

8. Signs and Symptoms of Sleep Apnea
   Kelly Bietsch, CRT

9. Managing Diabetes One Step at a Time
   Rita Lakamp, PharmD, BCPS

9:30 – 9:45 a.m.
Break & Networking

9:45 – 10:45 a.m.
GENERAL SESSION
Whatz-this-a-cillin: Understanding Where All These New Antibiotics Fit
   Joseph Cameron, PharmD, BCPS
Location & Lodging
The conference will be held at the Holiday Inn Select Executive Center, 2200 I-70 Drive SW, Columbia, MO. A block of rooms has been reserved at $94.95. Reservations must be made no later than March 7, 2011; by calling 1.800.HOLIDAY (1.800.465.4329) and identifying yourself with the Missouri Nurses Association under group block NA1.

Continuing Education Accreditation
Participants can receive a maximum of 14 contact hours for attending this activity. Four (4) of the 14 contact hours provided are in the area of pharmacology. Pharmacology sessions are marked with the \( \text{Rx} \) symbol.
The Missouri Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Registration Form
Name ____________________________
(Please print name and credentials as you would like them to appear on your name badge)
Address ____________________________
City ____________________________ State __________ Zip __________
MONA membership # (if applicable) __________
Phone (day) ________ Phone (evening) ________
Email ____________________________
Email address required for confirmation of registration and receipt of payment.

Concurrent sessions: (Include preferred session by listing the session number)
Thursday, April 7
10:00 – 11:30 a.m. #_________ #_________
11:45 a.m. – 12:30 p.m. Luncheon
12:30 – 1:30 p.m. LUNCHEON ADDRESS
What Happens When You Get Sued?
Miriam Decker, JD, BSN, RN
1:30–1:45 p.m. Networking Break
1:45 – 3:15 p.m. CONCURRENT SESSIONS
10. Overactive Bladder (OAB) & Treatment Beyond Medication: Neuromodulation with InterStim Therapy
Robert E. Remis, MD, FACS
11. Demystifying the “Down There” – What is Normal?
Kathryn Blevins, RN, APRN, WHNP-C, SANE-A, SANE-P
12. Cardiologic Care for Octogenarians & Beyond!
Mary Dohrmann, MD
3:15–3:30 p.m. Networking Break
3:30 – 4:30 p.m. GENERAL SESSION
Pharmacology Review of Antihypertensive Drugs
Lauren Odum, PharmD, BCPS
4:30 p.m. CONFERENCE ADJOURNS

I would like:
☐ To make a contribution to MONA-PAC, $_________
☐ To make a contribution to MO Nurses Foundation, $_________
☐ More information on becoming a member of MONA

Total Amount Enclosed: $_________

Check enclosed, or
Charge to:
☐ MasterCard ☐ VISA ☐ Am. Express ☐ Discover
Card Number ____________________________
Expiration Date ____________________________ Zip Code ____________________________
Security Code (3 digit code on back of card) ____________________________
Card Issued To: ____________________________

Guest Meal: If a guest would like to attend either of our luncheons they will need to make reservations at the conference registration table. The cost is $25/plate each day.

If you have special needs such as dietary requirements, please notify the MONA office at 573.636.4623 no later than March 24, or specify here: ____________________________

Reasonable efforts will be made to accommodate your needs.

Please note: Out of courtesy for participants infants and children may not attend the conference educational sessions.
REMINDER OF DUES INCREASE

“Notice of Dues Increase” postcards were mailed to all MONA members in October. This is just a reminder.

At the June 2004 ANA House of Delegates, delegates approved a request by the ANA Board of Directors that provides periodic increases in the dues paid to ANA by CMAs (Constituent Member Associations) - called a “dues escalator” - that is tied to the Consumer Price Index-Urban (CPI-U) and assists ANA in offsetting the impact of inflation. This escalator cannot increase by more than 2% per year.

The dues escalator is calculated on an annual basis but only implemented every three years. In 2010, the ANA House of Delegates removed the sunset clause from the escalator policy allowing these changes in the ANA Assessment Factor to continue.

As of January 1, 2011, the ANA dues will raise $4 annually. The increased funding will be used to strengthen and sustain ANA and the CMAs and to support programs that enhance the ANA/CMA partnership.

Because of this increase MONA dues, as of January 1, 2011, will be as follows:

<table>
<thead>
<tr>
<th>PAYMENT OPTIONS</th>
<th>FULL</th>
<th>REDUCED FULL</th>
<th>SPECIAL FULL</th>
<th>MONA ONLY NEW MEMBER</th>
<th>MONA ONLY RENEWAL</th>
<th>E&amp;GW FULL</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANNUALLY</td>
<td>$314.00</td>
<td>$159.00</td>
<td>$81.50</td>
<td>$177.75</td>
<td>$214.25</td>
<td>$344.16</td>
</tr>
<tr>
<td>MONTHLY</td>
<td>$26.67</td>
<td>$13.75</td>
<td>$7.29</td>
<td>$15.31</td>
<td>$18.35</td>
<td>$29.18</td>
</tr>
</tbody>
</table>

If you have questions in regards to your membership type or payment option, please contact Colleen Kraus, Membership Coordinator at the MONA office by phone 573-636-4623, x222 or email colleen@missourinurses.org.

Thank You
MNF Contributors!

Nancy Barr
Kathryn Blevins
Linda Brown
Marcia Hobbs
Bernadette Huston
Susan Jackson
Missouri Coalition of Nurses in Advanced Practice
Missouri Nurses Association
Cornelius Neufeld
Ninth District
Desma Reno
Angela Selzer
Suzanne Solari-Price
Tonia Swink

Welcome to MONA!

Shanna DeWater
Mary Gladback
LaDale Grant
Donna Dixon
Carol Levins
Sonja Albright
Loretta Colvin
Mindy Doscher
Gloria Silva
Susanne Collins

Kathleen Grint
Donna Gauvain-Scovill
Amy Ramsey
Samantha Brown
Eve Holzemer
Shirley Saunders
Elaine Naeger
Eric Ausley
Peggy Ward-Smith
Gloria Dziadosz

New MONA members are given an opt out option when joining if they do not wish to be listed in the publication. The above list are the new members from September 2010 through November 2010.
Honor A Nurse

Nursing is a calling, a way of life. Nurses rely on each other for the synergistic effect of teamwork in our efforts of care giving. It is appropriate that we honor those colleagues that have made an impact in our lives and the lives of others.

We honor you...

**Ricarda La Grange, RN**

Ricarda was very active in setting up the Teen Pregnancy Prevention Coalition and St. Louis Lead Poisoning Prevention Coalition.  
_Honored by Jan Polizzi_

**Ruth V. Lewis, RN, BSN, MA**

Appreciation for your lifetime dedication and leadership in the nursing profession. I am especially grateful how you maintain your active interest in nursing during your retirement years. You have been, are and continue to be an inspiration to many, many nurses.  
_Honored by Cornelius Neufeld_

**Frances Pulliam, RN**

Frances has been a mentor to me. She is a very valuable MONA member who has supported the mission of MONA in a number of ways. I am a better nurse for having known her.  
_Honored by Desma Reno_

**Linda Wood (Wiethoff), RN**

Congratulations on your recent retirement. Thank you for all your contributions in nursing over the many years. I especially appreciate your dedication to the field of mental health at Western Missouri Mental Health Center, Johnson County Mental Health Service, as well as the other organizations you have worked with over the years.  
_Honored by Cornelius Neufeld_

**Rachel Bringer**

Representative Rachel Bringer has been very supportive of issues relative to nursing during her tenure. We would like to recognize her for her service in the Missouri House of Representatives from the 6th District for the past eight years.  
_Honored by MONA District 9_

**MONA District 8 Nurses**

We honor you for your dedication and service to the Missouri Nurses Association.  
_Honored by Kathryn Blevins, Linda Brown, Marcia Hobbs, Bernadette Huston, Susan Jackson, Angela Selzer, Suzanne Solari-Price, Tonia Swink_

For more information on the MNF Honor A Nurse Program, turn to page 29 or visit the MONA website www.missourinurses.org.
Your Professional Association Needs You!

**MONA CE APPROVER UNIT SEEKING REVIEWERS**

Do you have a background in continuing education and/or education?

Are you familiar with the American NursesCredentialing Center’s Commission on Accreditation continuing education criteria (or willing to learn)?

If so, the MONA CE Approver Unit Committee needs you. We are currently seeking nurses who are MONA members having a minimum of a baccalaureate in nursing, with a background in continuing education and/or education and an interest in reviewing nursing continuing education courses offered in the state of Missouri.

The importance of this committee is to ensure that organizations submitting applications for approval of continuing nursing education are providing quality educational programs by adherence to the ANCC COA’s standards for quality continuing nursing education.

If you would be willing to serve on the Approver Unit Committee, review continuing nursing education activity applications and promote nursing professional development through quality educational programs, please contact Sara Fry, CE Coordinator, at sara@missourinurses.org at the MONA office.

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**Call for Nominations**

The Nominations Committee would like to extend an invitation to all MONA members to submit your name as a candidate for the office of:

- **MONA Board/Executive Committee Elected Positions:**
  - President
  - Vice President
  - Secretary
  - Treasurer

- **Other Elected Positions:**
  - Nominations Committee (7 positions - 1 from each MONA region)
  - ANA Delegate (4 positions - 2 alternate positions)

These positions are elected by MONA membership for a two year term (2012-2014). **DEADLINE FOR CANDIDATE SUBMISSION IS FEBRUARY 18, 2011.**

To become a part of the decision making process, submit your name as a candidate. All interested candidates must complete the Consent to Serve Officer form which can be found on the MONA website www.missourinurses.org or contact the MONA office for a copy at 573-636-4623.

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Get Involved!!
LEADERSHIP OPPORTUNITIES

MONA offers many leadership opportunities. All MONA members should consider serving on at least one of our standing committees or ad hoc committees. Any MONA member wishing to serve on a committee is required to complete a Consent to Serve Committee form which is available on the MONA website or by calling the MONA office at 573-636-4623.

COMMITTEES OF THE BOARD (Standing Committees)

COMMUNICATIONS: Develops methods, policies and procedures in order to communicate issues of importance to the nursing profession.

CONTINUING EDUCATION APPROVER UNIT: Implements a peer review process utilizing the ANCC COA criteria for approval of nursing CE activities.*

CONTINUING EDUCATION PROVIDER UNIT: Implements a mechanism consistent with the ANCC COA criteria for quality improvement for CE programs provided by MONA.*

CONVENTION PLANNING: Plans, coordinates, and develops the focus for the Biennial Convention.

FINANCE: Prepares the annual budget and advises the MONA Board as to the expenditure of funds.

GOVERNMENT AFFAIRS: Develops and implements a legislative program for the state.

MEMBERSHIP: Develops retention, recruitment and leadership development programs. Reviews marketing programs related to non-dues revenue and membership benefits.

NURSING PRACTICE: Addresses nursing practice concerns and issues of health care consumers and professionals in relation to the nursing profession; Recommends policy on professional nursing issues.

COMMITTEES OF THE ASSEMBLY

BYLAWS: Suggests and receives all proposed amendments to MONA bylaws; Reviews district bylaws upon request; Interest/experience in bylaws and organizational structure.

NOMINATIONS: Elected by MONA membership. Develops ballot. Contacts with people in regions to run for offices.

RESOLUTIONS: Processes resolutions for action at the biennial convention. Approved resolutions become planks of MONA’s Public Policy Platform.

SPECIAL COMMITTEES (Ad Hoc Committees)

PEER ASSISTANCE: Develops educational resources regarding chemical dependency and its related recovery

MISSOURI NURSE EDITORIAL ADVISORY BOARD (MoNEAB): Works to contribute and peer review the MONA publication, The Missouri Nurse.*

OTHER OPPORTUNITIES

ADVANCED PRACTICE REGISTERED NURSES SPECIAL INTEREST GROUP (APRN-SIG): Recommends policy positions for APRN issues; meetings open to all APRNs who are MONA members.

ECONOMIC AND GENERAL WELFARE (E&GW) CABINET: The labor arm of MONA. Elected by E&GW program members. Sets policy for collective bargaining units.

MISSOURI COUNCIL ON ADVANCED PRACTICE (MOCAP): An organizational unit of MONA whose mission is to nurture, enhance and promote the role of Advanced Practice Registered Nurses.

POLITICAL ACTION COMMITTEE FOR NURSES (MONA PAC): Solicits funds for campaign contributions and distributes monies to selected candidates running for state offices based on established criteria.

*additional knowledge and skills may be required for participation
BOARD SPOTLIGHT

Lila Pennington, DNP, APRN, FNP/GNP-BC

Lila Pennington, currently serves as an Assistant Teaching Professor at the University of Missouri - Sinclair School of Nursing. A Jefferson City resident, Lila has been a member of the Missouri Nurses Association for over 30 years.

She serves on the MONA Board as the Missouri Council on Advanced Practice (MOCAP) representative/chair. She is also chair of the APRN-SIG (Advanced Practice Registered Nurse - Special Interest Group).

Lila believes there are many challenges facing nursing today. The one she believes is in the forefront for MOCAP and most APRNs is the lack of ability to pursue the full scope of practice based upon the knowledge and skills without unnecessary and harmful restrictions. Restrictions not only for practice, but also to the public’s access to known high quality health care providers.

As a long term goal for her career, she intends to promote the nursing profession in general and advanced practice nursing specifically through clinical practice, educating nursing students, and activity in professional associations.

Lila has two step-children with her husband, William. They are proud grandparents to three grandchildren.

Lila values her MONA membership because MONA supports and advocates for professional nurses in Missouri.

Lila says, “We need a strong voice for nursing in Missouri, and MONA provides that. There is strength in numbers, so belonging to MONA should be important for every registered nurse.”

MEMBER SPOTLIGHT

Celia Allman Reed, RN, MA, MSN

Celia Allman Reed, currently serves as administrator of the Missouri Veterans Home in Cameron, Missouri. A Kearney resident, Celia has been a member of the American Nurses Association since graduating from the University of Missouri in Columbia. She also became involved at the state level after graduation in the Missouri Nurses Association and for 15 years in the Illinois Nurses Association.

Her term on the MONA Board ended in October 2010. She served as the Region A Director as well as the Regional Director-At-Large on the Executive Committee. She continues to serve on the Finance Committee and the Nursing Education Task Force.

Celia believes there are many challenges facing nursing today including: shortage of nurses due to the age of nurses practicing and nurses with advanced degrees needed for nursing education, reimbursement and privileges for advanced practice nurses, and expanding education for all professional nurses and articulation between nursing programs.

Celia has enjoyed a diverse career in nursing beginning as a staff nurse in Columbia hospitals to Director of Nursing in two acute care hospitals and a long term care facility. She has been involved in a school of nursing as both an instructor and in administration. The United States Army Reserve also called to Celia where she worked as a nurse, retiring with the rank of Colonel. She plans to continue to work in nursing and administration to promote the highest quality of nursing care for the aging population.

Celia is married to William Reed, DDS. She has two children and two grandchildren.

Celia says, “Nursing is not a job, it is my chosen profession. MONA is the only nursing organization devoted to one goal, the support and advancement of professional nursing in Missouri.”
The continued progress of professional nursing in Missouri is a direct result of nurses who have made extraordinary contributions to MONA and to the profession in general. In addition, nurses in Missouri have made national and international contributions to the enhancement and progress of professional nursing. This prestigious Hall of Fame award recognizes outstanding nurse leaders of the state of Missouri, whose leadership has advanced the goals of this association and the improvement of health care in Missouri. Award winners will be announced during the Awards Ceremony at the MONA Biennial Convention in Osage Beach, Missouri.

**Selection Criteria:**

1. The nominee must have been prepared in a formal nursing program unless the contribution was made before 1873 when no formal training was available.
2. The nominee must have worked in or represented Missouri during some period of his/her career.
3. The achievements of the nominee must have enduring value to nursing beyond the nominee’s lifetime. (Note: Nominees for the award can be living or deceased.)
4. The nominee shall have demonstrated leadership in four or more of the following areas:
   a. As a pioneer, advanced the practice of nursing as a profession;
   b. Improved the quality of health care;
   c. Developed, promoted and maintained professional nursing standards;
   d. Contributed to the process of regulation of professional nursing practice in the state of Missouri;
   e. Influenced health care policy; and,
   f. Contributed to the enhancement and progress of professional nursing on a state, national and/or international level.
5. The nominee must be a current or honorary member of the Missouri Nurses Association.

**Nominations:**
A cover sheet and nomination guidelines may be obtained from:
Missouri Nurses Association  
P.O. Box 105228  
Jefferson City, MO 65110  
Phone: 573.636.4623  
Fax: 573.636.9576  
Email: sara@missourinurses.org

Nominations may be submitted by MONA structural units, regional nurses associations or individual MONA members. Self nominations will be considered. Nominations and accompanying materials will be treated in a confidential manner.

**Deadline:**
Completed nominations and all accompanying documentation must be postmarked by August 12, 2011.

---

**Save the Date!**

85th Biennial Convention  
Missouri Nurses:  
Promoting a Healthy Tomorrow  
October 7-8, 2011  
Tan-Tar-A Resort  
P.O. Box 1888TT  
State Road KK  
Osage Beach, MO 65065
HEALTH PROFESSIONAL LOAN REPAYMENT

The Health Professional Loan Repayment Program is the repayment of outstanding educational loans in exchange for providing primary health care services in areas of need in Missouri. A shortage area means any of the following which the Secretary of Health and Human Services determines has a shortage of health professionals: urban or rural areas, population group, or public or nonprofit private medical facility.

There is a minimum, two-year contract required. The Department provides loan repayment to the following:

- Registered & advanced practice nurses
- Primary care physicians
- Primary care dentists
- Psychiatrists
- Psychologists
- Licensed clinical social workers
- Licensed professional counselors
- Dietitians/nutritionists

Maximum Loan Repayment Amounts:
- $25,000 per year for primary care physicians, dentists, psychiatrists, and psychologists.
- $10,000 per year for primary care advanced practice nurses, licensed professional counselors and licensed clinical social workers.
- $5,000 per year for primary care registered nurses and dietitians/nutritionists.

Qualifications Are:
- Must be a United States citizen
- Must have qualifying employment as stated in Missouri Revised Statute 333.245
- Must be employed at least 40 hours per week, and not more than 8 of those hours per week can be devoted to practice-related administrative activities.

The following are for primary care practitioners only:
- Must provide services to MO HealthNet patients.
- Must enter into an appropriate agreement with the state Children’s Health Insurance Program to provide service to children under Title XXI.
- Must provide a sliding fee scale for the uninsured.

Missouri Professional and Practical Nursing Student Loan Program Fiscal Year 2007
In June, 2006, there were 182 applications received. A total of 67 applicants were selected to receive loans; 62 were made to RNs (or higher) and 5 loans were made to applicants pursuing a LPN degree. All RN contracts were awarded $5,000 each. All LPN contracts were for $2,500. All funds were used for a total of $322,500 loaned ($310,000 RN/$12,500 LPN).

Missouri Professional and Practical Nursing Student Loan Program Fiscal Year 2008
In June, 2008, there were approximately 190 applications received. A total of 70 applicants were selected to receive loans; 64 were made to RNs (or higher) and 6 loans were made to applicants pursuing a LPN degree. All RN contracts were awarded $5,000 each. All LPN contracts were for $2,500. All funds were used for a total of $335,000 loaned ($320,000 RN/$15,000 LPN).

Missouri Professional and Practical Nursing Student Loan Program Fiscal Year 2009
In June, 2009, there were approximately 143 applications received. A total of 79 applicants were selected to receive loans; 72 were made to RNs (or higher) and 7 loans were made to applicants pursuing a LPN degree. All RN contracts were awarded $5,000 each. All LPN contracts were for $2,500. All funds were used for a total of $357,500 loaned ($340,000 RN/$17,500 LPN).

Missouri Professional and Practical Nursing Student Loan Program Fiscal Year 2010
In June, 2010, there were 181 applications received for the diploma level and above. There were 42 applications received for the LPN level. A total of 79 applicants were selected to receive loans; 72 were made to RNs (or higher) and 7 loans were made to applicants pursuing a LPN degree. All RN contracts were awarded $5,000 each. All LPN contracts were for $2,500. All funds were used for a total of $357,500 loaned ($340,000 RN/$17,500 LPN).

Information for this article was obtained from the Missouri Department of Health and Senior Services.
THE MESSAGE IS NEW, THE TIME IS NOW!!
LEARN ABOUT THE INSTITUTE OF MEDICINE REPORT ON THE FUTURE OF NURSING

Leading Change, Advancing Health

Imagine having the support of:
1. the most well-respected, evidence-based entity in health care,
2. a consumer-based organization with more than 40 million members, and
3. a philanthropy group with more than 7.5 billion in assets
--all directed toward advancing health and healthcare by supporting NURSING?

That is the story of the recent Institute of Medicine report on the Future of Nursing, entitled “Leading Change, Advancing Health”. The American Association of Retired Persons (AARP) and the Robert Wood Johnson Foundation stand ready to implement the IOM report.

The IOM committee recommended that: nurses should practice to the full extent of their education; a seamless educational process be available to nurses to foster ease of transition; nurses should be full partners, with physicians and other healthcare professionals, in redesigning health care in the U.S.; and that better data collection is needed for effective workforce planning.

A well-respected national forum, funding, and a sophisticated plan for awareness and influence--great days are ahead for our profession!

NURSING EDUCATION TASK FORCE UPDATE

Nelda Godfrey, NETF Chair

The Nursing Education Task Force (NETF) of the Missouri Nurses Association hosted the Missouri Summit for Educational Advancement for Registered Nurses—Phase II on December 6th. Representatives from all nursing organizations attended, and this is what we accomplished:

- We achieved consensus on supporting BSN in ten years for new licensees. This means that all current AD RN’s will be grandparented and thereby exempt from legislated requirements of BSN in 10.
- We spent small group time on three important sub-issues: 1) legislative initiatives; 2) lifelong learning; and 3) seamless curriculum opportunities for AD to BSN, and tangentially for LPN to BSN, AD to MSN, etc. The small groups developed 3-4 action plans to implement their ideas.
- We discussed a tentative timeline for moving forward.
- We developed and revised a white paper on the work of the summit group.

In short, “A Summit of Nursing Groups in Missouri Agreed to Move Forward in Proposing BSN in Ten Legislation for Associate Degree Nurses Entering the Field.”

More plans will come. At this point, the NETF is planning a larger summit for all interested stakeholders in June 2011.

SCHOLARSHIP OPPORTUNITIES

You should always meet with school of nursing administrators or financial aid advisors at programs you may be considering to see what kind of scholarships or other financial aid benefits may be available. Other resources are as follows:

Free Application for Federal Student Aid - FAFSA online: www.fafsa.ed.gov
Nursing Education Loan Repayment Program: www.hrsa.gov/loanscholarships/repayment/nursing
Health Resources and Services Administration (HRSA): www.hrsa.gov/help/healthprofessions.htm
State Nursing Workforce Centers: www.nursingworkforcecenters.org
American Association of Colleges of Nursing: www.aacn.nche.edu/education/financialaid.htm
Missouri Resource: The Health Professional Loan Repayment Program: www.dhss.mo.gov/LoanRepayment
MONA PAC is the only political action committee representing the interests of all professional nurses in Missouri. It was established to elect candidates that will advance MONA’s legislative and regulatory agendas. This includes core issues of:

- Workplace rights and safety
- Safe and adequate nurse staffing
- Patient advocacy
- Access to quality health care
- Health care finance
- Nursing education, practice, and licensure

MONA PAC was founded in 1985 as the Political Action for Nurses in Missouri Committee. The group has interviewed and endorsed hundreds of candidates for elected office in Missouri legislative and executive branches. At this time, MONA PAC contributions have attributed to a 95% success rate for candidate elections/re-elections.

MONA PAC goals:

- Ensuring a majority of legislators are those endorsed by the MONA PAC (with a minimum 82 Representatives and 18 Senators)
- Advocating for all House and Senate committees impacting nursing to be chaired by a MONA PAC endorsed legislator
- Legislative leadership positions be held by MONA PAC endorsed persons who are successfully elected

MONA PAC activities build on non-partisan, criteria-based selection to:

- Promote and financially endorse candidates who support MONA’s legislative agenda
- Encourage grassroots involvement and nursing participation in the electoral process
- Establish a dynamic, ongoing communication process between MONA PAC, the MONA Board of Directors, regional officers, and individual contributors

MONA PAC differs from the MONA Government Affairs Committee:

- Government Affairs Committee monitors legislation and regulation that impact nursing, developing a proactive agenda to support and direct nursing issues
- MONA PAC endorses candidates that support MONA and its legislative and regulatory agenda

MONA PAC is funded through individual contributions. MONA membership dues are not and cannot be used to endorse candidates.

Thank You MONA PAC Contributors!

Deborah Asberry  Jacqueline Cook  KBP Associates, Inc.  Eileen Rosenkoetter
Stan Avery  Linda Crosser  Susan Kimble  Julia Rudy
Lynda Banwart  Kristin Dobbs  Geneva Kilgore  Janet Samuels
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Joy Bartholomew  Karen Fenstermacher  Maria Ferrell  Angela Selzer
Karen Bass  Virginia Franks  Kelly Freeland  SNAP Symposium
Bridget Battmer  Ursula Fuller  Rosemary Gaertner  Patty Summerford
Melanie Beal  Edwin Galan  Shelly Gudehus  Karen Tharp
Judith Beck  Maria Felker  Kelly Gehl  Cheryl Thurman
Sue Beckering  Rosemary Gaertner  Judith Menz  Mary Pat Tierney
Mary Pat Benson  Edwin Galan  Edna Klen  Nancy Willis Smith
Ron Bernard  Shelly Gudehus  Joann Martin  Joan Windeknecht
Becky Bodby  Y.M. Gulino  Dolores McDowell  Beverly Wombold
Regene Boon  Jennifer Gwin  Dolores McDowell  Alice Wondra
Melba Bray  Sandra Handley  Terri Millic  Yakima Young Shields
Barbara Brazos  Sherrie Hedges  Janice Neal  Nancy Zaner
Susan Bullington  Karen Herman  Cindy Perkins  Nancy Zaner
Dr. Gary Clark  Angela Herndon  Karen Poe  Nancy Zaner

7/20/10 - 12/17/10
**RESOURCES FOR NURSES ORDER FORM**

*One Strong Voice for Missouri Nurses*

Please PRINT or TYPE information below

- Mr.  Mrs.  Ms.  Dr.  
- Date: _____/_____/_______

**Last Name**
**First Name**

- MONA Member  Non-Member  
- **Company Name**

**Shipping Address**

**City**  **State**  **Zip**

**Email**  Home  Work  
*Email address is required for receipt of payment.*  
**Daytime Phone**

**ANNOTATED GUIDE TO MISSOURI NURSING LAWS AND REGULATIONS (1ST EDITION)** is a resource every nurse should have! The guide contains explanations of the Nursing Practice Act, Collaborative Practice Law, MO State Board of Nursing Rules and Position Statements, and other nursing related laws and rules with interpretations to facilitate understanding.

**QUANTITY __________**  
- ☐ $55 MONA Members  ☐ $80 Non-Members  
- **AMOUNT $__________**

**HANDBOOK FOR ADVANCED PRACTICE REGISTERED NURSES IN MISSOURI (3RD EDITION)** is now available and will be a useful reference to assist your understanding of Missouri advanced practice history, current practice statutes, rules, and regulations. This handbook will contribute to your success in collaborative practice, obtaining reimbursement for services, and marketing your advanced practice role.

**QUANTITY __________**  
- ☐ $105 MONA Members  ☐ $130 Non-Members  
- **AMOUNT $__________**

**CONTINUING EDUCATION EXCELLENCE IN MISSOURI MANUALS (7TH EDITION)** for Provider and Education Activity Approval are now available. The manuals were developed to assist approved providers and activity providers as they complete the application portion of the MONA CNE approval process. For more information on the MONA CNE approval process or to download an application and sample forms, please visit our website. Help us to enhance continuing education activities in Missouri and have your activity approved today!

**QUANTITY __________**  
- **$70 APPROVED PROVIDER**  
- **AMOUNT $__________**

**QUANTITY __________**  
- **$25 EDUCATION ACTIVITY**  
- **AMOUNT $__________**

**PAYMENT OPTIONS**

- ☐ CHECK #______________________________ (Payable to Missouri Nurses Association)  
  **TOTAL: $______________**

- ☐ MASTERCARD / VISA / AMERICAN EXPRESS / DISCOVER

  **Credit Card Number**  **Expiration Date**  **CVV (3 digit Security Code on back)**  
  **Billing Zip Code**

*S/H is included in the publication price.

One copy per member at member price. Orders will not ship until membership is verified and payment is received.

RETURN COMPLETED ORDER FORM TO:
MISSOURI NURSES ASSOCIATION  •  P.O. BOX 105228  •  JEFFERSON CITY, MO 65110-5228
FAX  •  573-636-9576  •  EMAIL  •  INFO@MISSOURINURSES.ORG
The Missouri Nurses Foundation Board would like to thank members of the Missouri Nurses Association for their generous support of the Foundation throughout the years. We continue to rely heavily on your support and hope you continue that support now and in the coming year.

As we come to the close of 2010, please consider making a tax deductible contribution to the Foundation for scholarships and education. Another option is to “Honor a Nurse” with a $50 contribution, which would grant the honoree recognition in The Missouri Nurse magazine and on the MONA website.

Your donation will enable Missouri Nurses Foundation to continue its mission and realize its vision which ultimately supports Missouri Nurses Association and the nurses and residents of Missouri. We are counting on you!

Thank you!

Missouri Nurses Foundation Board

VISION
The Missouri Nurses Foundation will connect the past, improve the present, and anticipate the future of nursing in Missouri.

MISSION
Missouri Nurses Foundation promotes and protects the health of Missourians through the promotion of educational and scientific activities and community based projects.

PURPOSE
Promote and enhance professional development for registered nurses through continuing education.

Promote the availability of professional nursing services for every Missourian.

Develop the financial resources to support the philanthropic mission of MNF and MONA.

Improve the health of Missourians by facilitating nursing research through projects and public educational programs.

The Missouri Nurses Foundation is incorporated as a 501(c)(3) and contributions are tax deductible.

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The WorldPoints program lets you choose from among great rewards like cash, travel, brand-name merchandise, and gift cards for top retailers. Use your Missouri Nurses Association Platinum Plus® Visa® card with WorldPoints® rewards, and you’ll enjoy around-the-clock fraud protection, free additional cards for others you trust, and quick, secure online access to your account.

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WPNCV.0908
Missouri Nurses Foundation • Contribution Form

Honor A Nurse

The Missouri Nurses Foundation (MNF) welcomes you to publicly recognize a special nurse in your life. With your $50 tax-deductible donation to MNF, your honored nurse’s name will appear in The Missouri Nurse as well as in the designated “Honor A Nurse” section of the MONA website. A photo and brief paragraph may also be submitted to further recognize your honored nurse.

This program is available to honor any Missouri nurse. Honor a friend, family member, or colleague by marking their anniversary, birthday, special event or occasion, or as a memorial.

Your donation will go toward continued support of the MNF and their work pertaining to scholarships, research awards and educational projects. MNF is a nonprofit, 501(c)(3) organization. Donations are tax-deductible to the fullest extent allowed by law and support the mission of MNF.

**DONOR INFORMATION**

Donor Name: ____________________________________________

Address: _____________________________________________________________

(Street) (City) (State) (Zip)

Phone Number: _______________________________________________________

(Home) (Work)

Email Address: _______________________________________________________

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Authorized Payment Amount  $__________________________

☐ Check payable to MNF is enclosed
☐ MasterCard/Visa/American Express/Discover

Card Number_________________________ Exp. Date: _____/______ CVV: ________

Cardholder Name_________________________ Billing Zip__________

(Please Print) 3 digit code on back

**HONORED NURSE INFORMATION**

Please Honor: _______________________________________________________

Name & Credentials: ___________________________________________________

Comments regarding the Honored Nurse:

_____________________________________________________________________

Include photo of Honored Nurse (if available) with contribution form or email to krista@missourinurses.org

Send notification of gift to:

_____________________________________________________________________

(Street) (City) (State) (Zip)

SUBMIT COMPLETED FORM TO

MNF • HONOR A NURSE • P.O. BOX 105228 • JEFFERSON CITY, MO 65110 • FAX: 573-636-9576

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YOU ARE IMPORTANT!

We stand at a critical point in the history of nursing. Current social developments and pending legislation may seriously affect the course of nursing as a profession. Fundamental issues affect the careers of every nursing professional in Missouri.

MONA membership not only shows your commitment to your profession and the welfare of your patients, it shows your commitment to yourself. We realize that as an RN, you work hard to provide quality care to your patients. As an active MONA member, you also strive to improve the value and level of recognition of registered nurses.

MONA is composed of responsible, strong registered nurses working together to advance nursing in Missouri.

Membership works for you through information, representation, advocacy, and protection. Whether you are interested in continuing education, legislative action, or patient safety, MONA has a program for you.

You need MONA as much as MONA needs you!

THE “RETURN ON INVESTMENT” OF MONA MEMBERSHIP

Day after day, all year long your MONA membership yields an exceptional “return on investment” that is measured in both tangible and intangible benefits. This return on investment makes a membership in MONA one of the most cost-effective decisions you can make for yourself and your professional career.

EXAMPLE OF MONA MEMBER SAVINGS:

<table>
<thead>
<tr>
<th></th>
<th>MEMBER</th>
<th>NON-MEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONA/ANA Membership</td>
<td>$314.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>MONA Convention Registration</td>
<td>$150.00</td>
<td>$200.00</td>
</tr>
<tr>
<td>APRN Conference Registration</td>
<td>$300.00</td>
<td>$350.00</td>
</tr>
<tr>
<td>Annotated Guide to Mo Nursing Laws</td>
<td>$55.00</td>
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</tr>
<tr>
<td>30 Online CE’s</td>
<td>$0.00</td>
<td>$600.00</td>
</tr>
<tr>
<td>ANCC Certification</td>
<td>$270.00</td>
<td>$390.00</td>
</tr>
<tr>
<td>Online Tools</td>
<td>$0.00</td>
<td>$95.00</td>
</tr>
<tr>
<td>Mosby’s Nursing Consultant - ANA Edition Cinahl®</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ICRN Essential Nursing Resources</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MONA &amp; ANA Magazines</td>
<td>$0.00</td>
<td>$45.00</td>
</tr>
<tr>
<td>TOTAL</td>
<td>$1089.00</td>
<td>$1,760.00</td>
</tr>
</tbody>
</table>

EXAMPLE OF MONA MEMBER SAVINGS $671.00!!!

Your membership dues will yield numerous returns on your investment, the above example is only a sampling. An array of tangible and intangible benefits makes your membership an outstanding investment in your professional development and in the future of your nursing career.

AS A MEMBER YOU RECEIVE $10 WORTH OF VALUE FOR EVERY $1 YOU SPEND!

*MONA has calculated estimated values. Actual values may vary. Values are based on full membership in MONA and ANA.
Best Wishes for a Healthy, Happy, Prosperous New Year!

from the MONA Staff & Board of Directors